

MARCH 2017

Breakfast

Monday		Tuesday		Wednesday		Thursday		Friday	
				1	Scrambled Eggs WG. Bagel, Apple Wedges 1% Milk	2	Blueberries Muffins, String Cheese Cinn. Applesauce 1% Milk	3	No School
6	Cooked Oatmeal Oranges Wedges 1% Milk	7	Quesadilla w/ Cheese Asian Pear Wedges 1% Milk	8	WW. English Muffin w./Cr. Cheese Apple Slices w/ Cinn. 1% Milk	9	WW. French Toast Sliced Strawberries (frozen) 1% Milk	10	Cornflakes Banana 1% Milk
13	WG. Cheerios Sliced Banana 1% Milk	14	Scrambled Eggs WW Toast Mandarin Oranges 1% Milk	15	Plain Yogurt w/ WG Granola Frozen Blueberries 1% Milk	16	WG. Pancakes Cinn. Applesauce 1% Milk	17	No School
20	Cooked Oatmeal w/Raisins Cinn. Apples Slices 1% Milk	21	Egg McMuffin Oranges Wedges 1% Milk	22	WG Cereal Flakes Sliced Banana 1% Milk	23	½ WG Bagel w/ Cream Cheese Peeled Kiwi Slices 1% Milk	24	No School
27	Spring break	28		29		30		31	
No School									

Lunch

Monday		Tuesday		Wednesday		Thursday		Friday	
				1	Roast pork, Mashed Potatoes w/Butter, WG Baking powder Biscuit Frozen Green Beans Oranges Slices 1% Milk	2	Taco Salad w/ Beef & Cheese WG Tortilla Chips ½ pear 1% Milk	3	No School
6	Beef Soft Taco w/Shred. Lettuce & Diced Tomatoes, Bell Pepper Apple Wedges 1% Milk	7	Turkey Rice Soup, ½ Grill Cheese Sand, Cherry tom. Jicama Strips Kiwi Slices 1% Milk	8	Meat Lasagna Baked Squash, Frozen Peas Banana 1% Milk	9	Chicken patty WW Bun (pickle,mayo,mustard) Carrot & Cucumber Sticks, ½ Pear 1% Milk	10	Ham & Cheese Sand. mustard,mayo) Cooked Asparagus Mandarin Oranges 1% Milk
13	Macaroni & Cheese w/ Ham Fz. Green Beans Apple Wedges 1% Milk	14	Chili Con Carne Corn Bread, Creamy Coleslaw ½ Banana 1% Milk	15	Chicken Pot Pie Cherry Tomatoes Carrot Sticks, Fresh ½ Pear 1% Milk	16	Chef Salad (Turkey,egg,cheese) Ranch Dressing, WG Bread sticks Fresh Grapes 1% Milk	17	No school
20	Refried Beans w/Melted Cheese, Spanish Rice WG Tortilla Chips Cucumber & Carrot Sticks, ½ Banana 1% Milk	21	Hamburger w/WG Bun (pickle,mustard,ket) Sliced Tomatoes, Grapes Chili Roasted Sweet Potatoes 1% Milk	22	Zesty Chicken Soup Cheesy Biscuit Sliced Zucchini Apple Wedges 1% Milk	23	Spaghetti w/Meat sauce WW Garlic Bread Sticks Baby Green Salad, Italian Dressing, ½ Fresh Pear 1% Milk	24	No school
27	Spring Break	28		29		30		31	
No School									